



High Valley Country Club

Swimming Pool Rules and Regulations

Hours of Operation (weather permitting)

Sunday (regular) through Thursday	10 a.m.	–	9 p.m.
Friday and Saturday	10 a.m.	–	10 p.m.
Sunday before a Monday holiday	10 a.m.	–	10 p.m.

Swimming Pool Rules

- 1) All swimmers must sign in with the clubhouse. All guests will be charged \$3 per day.
- 2) Only swimmers and adult supervisors will be admitted to the pool area. **All children under 10 years of age must be accompanied by an adult.**
- 3) Toddlers must wear plastic pants in the pool (*Health Department regulation*). "Little Swimmers" are sold at the clubhouse.
- 4) Children between the ages of 10 and 12 not accompanied by an adult must pass a swimming test before entering the pool.
- 5) Children not accompanied by an adult must bring the telephone number where their parent/guardian can be reached in case of an emergency or disciplinary action.
- 6) All swimmers must shower before entering the pool.
- 7) Long hair must be tied back.
- 8) Only clean swimming togs will be permitted. (No cut-off jeans or other non-swimming apparel will be permitted.)
- 9) No glass containers are allowed in pool area, dressing rooms, or showers.
- 10) No food, drinks, or chewing gum will be allowed in pool area (*Health Department regulation*).
- 11) Horseplay and running are not allowed in the pool area. "Cannonballing" at any time and jumping into the pool when others are close by, are strictly prohibited. (*Safety issue*)
- 12) Suntan oil is not permitted in the pool. If you have used suntan oil, you must shower before entering the pools.
- 13) Smoking is not allowed in the pool area (*Health Department Regulation*).
- 14) **Swimmers must observe all rules posted in the pool area.** Failure to do so will result in the individual being asked to leave the pool area.